



Conscious Creativity

Focus your thoughts on the task at hand to get your conscious mind to take over. Switch between working with your conscious mind and subconscious mind to work with a full mind. Work on a problem intently then let it go free for a while before returning back again. Relax or go do something completely different to let your subconscious linger on the problem and do the job.

Subconscious Creativity

The real power of creativity lies in the subconscious because it is much more powerful. It handles millions of things every minute. The conscious mind can only focus on few. Lots of your new great ideas are already lying inside of your subconscious. Let it take on more of the imaginative and creative side of the task and let your intuition select winning solutions. Cultivate burning desire, close your eyes, and let your mind wander the subconscious. Don't force yourself to come up with the decision in the moment. Take a break and go do something else so that your subconscious mind can work on it. It will assemble together the information it knows to develop the best choice that you can act on.

Divine Creativity

Divine sparks are everywhere. They are embedded in everyone and everything. Silence your mind and listen to the Universe to discover the sparks and transform them into something new. Recognize that you are surrounded by the vast power and wisdom of the universe. Align yourself with the universe and be more attentive to its messages.